

## A REPORT FROM YOUR LOCAL COMMUNITY GROUP

Welcome to spring at Lakeside. It is so good to see the new growth in our gardens. The writer records rainfall each month and can advise that, unlike Melbourne, Lakeside has received 291mm this year for the seven months to July, 24mm more than 2008. Our lake is looking great and the water bird life is amazing.

We are delighted to advise that on a cold, windy Sunday morning on 2nd August residents participated again in the National Tree-planting day. Our secretary, Edwin Dodd, organised the planting which saw 500 new trees and plants placed on the west bank of Toomuc Creek. Cardinia Shire officer, Rob Jones, supplied the plants, tools and know-how for the forty adults and children who attended. Special thanks to committee member, Rod Thomson, who donated the use of his mobile BBQ for the sausage sizzle. The area we planted in 2008 is looking really good and a walk through the parkland and across the footbridges is recommended.

The committee, installed at the Annual General Meeting held on 19th August, is keen to continue to make Lakeside a great place to live and will work alongside Kate Saunders and the Delfin Lakeside team to offer residents exciting events in the coming year.

The Lakeside Garden Competition will be the main feature for spring.

The Star News Group is celebrating their centenary this year and as one of the many initiatives has launched the Gazette Green Army, for those that have taken action to reduce their impact on the environment.

There are currently one hundred members. You receive a great pack for joining. Has your family joined? Contact Star News to register 5941 2666.

### GROW COMMUNITY FORUM MEMBERSHIP TO 100

We will continue to conduct the bi-monthly social evenings this year with the next scheduled for Wednesday 21st October.

**Jack Mitchell**  
LCDF - Chair  
5940 1513



## Cook Safely this Spring

A recent state of kitchen fires within Cardinia has concerned local CFA brigades. A timely reminder is due.

Local fire fighter and Brigade Support Officer Lisa Hicks said "Fat or cooking oil will ignite when it reaches a certain temperature, so it is imperative that people monitor their cooking at all times.

"Leaving cooking unattended, even for a few moments, is one of the most common and preventable causes of home fires, with over one third of Victorian house fires starting in the kitchen or cooking area," she said.

"If a cooking fire does occur, throwing water on the fire can make it worse by spreading the flaming oil onto yourself or your loved ones and also spreading the fire. The flames need to be smothered in order to stop the blaze," she said. The CFA recommend the following to avoid cooking becoming a recipe for disaster this winter:

- never leave cooking unattended
- keep stoves free of grease and fat build-up
- hang tea-towels away from the stove
- have a fire blanket and extinguisher in the kitchen
- ensure your smoke alarm is working
- have a fire escape plan in place
- ensure the exhaust fan above the stove is clean and free of grease and fat build-up

If a fire does occur your first call must be to 000 even if you manage to contain the fire yourself. The CFA local brigade can then assess the situation and deem it safe before leaving, this may save a call later in the night if it has been smouldering in the ceiling without your knowledge, this could be disastrous. More information on fire safety can be found at the campaign's official website, [www.checkyourhotspots.com](http://www.checkyourhotspots.com)

## PEDAL POWER Powers Pakenham

Pakenham Lakeside Primary School student Kyle Woodward is the proud owner of a brand new bike after participating in Delfin's Active School Kids program. More than 100 students went into the draw after participating in the program, which encourages students to actively travel to school by foot, bike, skates or scooters, with Kyle taking home the grand prize. The new bike could not have come at a better time for the Grade Five student, whose old bike had a puncture and had not been repaired. "I was shocked at learning I'd won a new bike. I didn't think I could win. I had already won a bike in kindergarten so I wasn't prepared for my name to be drawn out this time around," Kyle said. Kyle had walked to school on the program's reward days, and said he was keen to get back to riding to school with his friends.

Project director Sharon Coates said Lakeside Pakenham had always encouraged the community to foster a healthy and active lifestyle, especially among children and teenagers. "The Active School Kids program provides fun educational tools to parents and students to safely travel to school via active transport," she said. "I urge parents to get involved and participate with their children to walk, ride, skate and scoot to school to ensure a healthy community." Delfin's Active School Kids Program is run in conjunction with Neighbourhood Watch, the Lakeside Community Development Forum and Pakenham Lakeside Primary School, as well as being supported by the Cardinia Shire Council's Health Promotion team.



## YOU'LL BE COVERED

**The Cardinia Foundation has secured sponsorship and is now able to provide community groups with the use of free marquees for their outdoor activities.**

The Cardinia Foundation work closely with many organisations in the local community and were made aware of a common need for these groups to buy or hire marquees for their outdoor events.

"I thought wouldn't it be great if local businesses and the Cardinia Foundation could support the great work that our community groups do," explains Cardinia Foundation executive officer

Di Padgett. Local businesses were so quick to say yes to paying for the equipment in return for their logo being displayed on the marquee. The Cardinia Foundation will house the marquees at their offices in Main Street and coordinate bookings for the 3 by 3 metre marquees and one 3 by 6 metre marquee.

"We're just so pleased that these resources can be shared amongst these groups, as in reality each group may only use a marquee 3 times per year. It's a really great outcome and allows the community groups to re-direct their much needed funds to their core purpose," says Di. Community groups can hire the marquee/s free of charge for short periods of time. It is the responsibility of the groups to pick up and drop off the equipment, as well as ensure that they are returned in perfect working order.

For marquee bookings or to find out more contact The Cardinia Foundation 5940 2254.

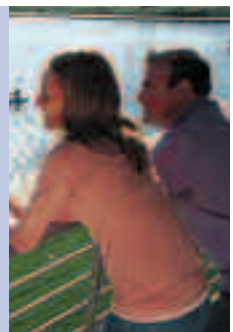
## Lakeside Resident's Group

**Are you interested in contributing to Lakeside?** Residents choose to commit the amount of time and type of skills that they feel comfortable with to this dynamic group. Residents interested in finding out more should contact Chair - Jack Mitchell's on 5940 1513. Memberships are encouraged. Membership forms are available from Secretary Edwin or Treasurer Odile or on the Community Noticeboard at the Delfin Sales and Information Centre.



**Committee meeting**  
Wednesday 16th Sept, 7pm

**Resident's Social Evening**  
Wednesday 21st Oct, 7pm



# WELCOME ALL NEW RESIDENTS OF LAKESIDE

## Have you been welcomed to Lakeside?

All new residents are encouraged to attend a New Resident Welcome. Receive your housewarming gift, meet your neighbours, find out the latest news and get answers to all your questions.

Resident Welcome Night - Wednesday 7th October at 7pm. Register your interest on 5941 6000.

### Cormorant Conveyancing

Peter Ditchfield - 5941 6442 or 0417 189 889

All conveyancing and related legal services. Conveyancing for \$290 + disbursements

### Profix Locksmiths

Call David on 0421 189 389 or 5940 2407. 24 hour service - home, car, office, industrial. Locks changed, repaired, replaced, keys cut & programmed.

10% discount off all Lakeside services.

### Casey Castles

Call Debra or Peter on 0411 503 599. Jumping castles for hire - Disney cars, Princess or Toy Story. \$20 discount on all day hire

### Vera Professional Hair and Waxing Services

Call 5756 5235 or 0410 293 807

Mobile hair and waxing service. All hair cuts men's - \$10, ladies - \$15. Perms from \$60.

### Image Plus

Call Julie on 0466 580 321

Hair, nails, spray tan. Home or away service

### Beauty on Page

Phone Sally 0407 123 803

Enquire within. By appt only. Special - waxing, pedicure, nails: Invite 2 friends and get your next service free.

### DEZIGN for Lifestyle

Shop 19, 18-36 Lakeside

Boulevard Phone: 5940 4777

Queen sized mattress only \$199.

Bring voucher for a further \$10 off.

### Wendy Andrews Marriage Celebrant

Wendy 5941 7507

Marriage celebrant, name giving, renewal of vows, commitment ceremony  
10% discount.

### Travel Counsellors

Call Claudia on 5940 0453

Save time, money and hassles.

10% on travel insurance

[www.travelcounsellors.com.au](http://www.travelcounsellors.com.au)

[claudia.silk@travelcounsellors.com.au](mailto:claudia.silk@travelcounsellors.com.au)

### Waratah Cleaning

Phone: 0448 345 713

Offers house cleaning and home services.

Call for an offer for Lakeside residents.

### Pie Minister

Shop 24, Lakeside Blvd.

Pies, cakes, pastries, sausage rolls, freshly ground coffee.

1st Anniversary special - Spend \$8 on pies and receive either a FREE 375ml can of soft drink or a cup cake.

### Al's Asian/ Filipino Groceries

Shop 4, Lakeside Blvd. A wide range of grocery products.

Many discounts in store.

### Modern Eyes @ Lakeside

Phone: 5940 5858

Shop 21, Lakeside Boulevard.

Mon - Fri 9am - 5.30pm.

Sat 9.00am - 1.30pm.

Optometry. Bulk Billing.

FREE adjustments and glass services.

### Subtle Energy Therapies

Contact Jane 0401 138 103

Stress management, emotional therapy. Health insurance rebates available.

Free flower essence remedy with any service.

### Gary Owens Painting

Phone 0417 514 029

10% discount off rec. retail price of paint and a further 2% off labour for all Lakeside residents

### Sandra's Cleaning Solutions

Specialising in end of lease cleaning. Full or partial cleans.

Ovens and windows.

Discount for Lakeside Residents.

0434 825 543

### ASAP Carpentry Service

Phone 0433 412 856

Discount to all Lakeside residents.

### Lakeside Cellars

Shop 11 Village Lakeside.

Phone: 5941 8816

Open Mon - Thur 9am to 9pm, Fri & Sat 9am to 10pm and Sun 10am to 8pm.

Ongoing beer, wine and spirits specials.

20% off table wine - specials excluded

### AsOne in Harmony & Health

Phone Natalie on 5940 4981/

0407 308 606

Reflexology, ear cradling,

Dr Detox foot spa, orthotics.

FREE gait analysis.

10% off all treatments (first visit only)

### Ingrid Perri Natural Therapies

25 Juliet Gardens, Pakenham.

Phone 0416 243 444

By appointment Monday to

Saturday from 10am

20% off upon presentation of this

voucher (1st visit only)

### Planwell Financial Services

Phone: 5940 3996

Phone to make an

appointment for a FREE

financial review.

Lakeside Residents only.

## SPECIAL OFFERS FOR LAKESIDE RESIDENTS

VALID FOR SEPTEMBER AND OCTOBER 2009 UNLESS OTHERWISE STATED



For more information please contact us at the Sales and information Centre, Lakeside Boulevard Pakenham VIC 3810. PO Box 665. Ph: 5941 6000

### HOW TO CONTRIBUTE TO THE NEWSLETTER

All Lakeside residents and businesses are welcome to contribute to the **Lakeside Community News**. Send your information to the Lakeside Community Development Manager - PO Box 665, Pakenham, 3810 or [kate.saunders@lendlease.com.au](mailto:kate.saunders@lendlease.com.au) by Friday 2nd October, 2009. Lakeside Sales and Information Centre, Lakeside Boulevard Pakenham VIC 3810. PO Box 665, Pakenam 3810. Phone: 5941 6000.



## Free Fun for Everyone!



CFA DISPLAYS WILL BE PART OF THIS YEARS CELEBRATION

The **Road Safety Expo** and **Cardinia Celebrates Children's Day** have combined this year to provide children and their families with a fun filled, jam-packed free event to be held on **Saturday 24 October 2009** at the Cardinia Cultural Centre within Lakeside from 10am to 2pm.

Titled 'All Aboard', the day will give families the opportunity to see what services are available to them in the Shire, as well as a chance to get involved in some fun and interactive road safety, developmental and physical activities that promotes health and wellbeing for all people.

"We've run one of Victoria's largest road safety expos, now combined with children's day it will be even bigger and better," says one of the Shire's Event Coordinators Fiona Cost.

The free activities include jumping castles, pony rides, the TAC simulator, Youth Bus, Police Mobile Command Centre, paper plane races, face painting, car cuts, CFA displays, tree planting, train rides, prizes and giveaways and a free BBQ. Two free buses will operate on the day to assist families from outlining towns with transport to the event. This is an annual event run by the community to support the community. Lakeside residents are encouraged to walk or ride to the Cultural Centre on the day to get involved.

For more information contact Cardinia Shire Council on 1300 787 624 or visit the events calendar at [www.cardinia.vic.gov.au](http://www.cardinia.vic.gov.au).

### gardeners get ready!!

Following the success of the 2008 **Lakeside Garden Competition** the event will be run again in September, with the winners to be announced at the Lakeside Resident's Social Night on October 21st.

"The quality of gardens in Lakeside is testament to the pride that our resident's have in their homes," explains Delfin Lakeside's project director Sharon Coates. The Garden Competition allows all members of the community to nominate their favourite front gardens within Lakeside in one of the 4 categories, which are best overall garden, best contemporary garden, best native garden and best water-wise garden.

Category winners will receive Plantmark Nursery vouchers and those that nominate will also go in the draw to win a nursery voucher. "Now is the perfect time of the year for residents to spend time in their gardens, with the warmer weather on its way and the great prizes up for grabs with the garden competition. What's even better for residents this year is that everyone has access to the great value at Plantmark Nurseries via the

resident's Greenpass Cards that were distributed in July." The judges this year include Lakeside resident Irene Bradshaw and Jenny Lewis from Plantmark Nursery and coordinator of the Pakenham Garden Club Meryl Waterhouse.

Garden Competition nomination forms will be distributed in September and can be collected from the Delfin Sales and Information Centre. Judging will take place in October.



## PLANTING SEASON IS HERE

**Wednesday 9th**  
**Lakeside Book Club**

10.30am  
Bella Cuccina Café  
Meets monthly, \$70 for 5 sessions includes coffee and cake.  
Register with Living Learning Pakenham 5941 2389

**Thursday 10th**  
**CEO's address to the business community**

Cardinia Shire Council's CEO will present "Securing Cardinia's Future" and outline the opportunities available for local businesses. This is a free event with cocktail style food and beverages available on arrival. Registrations required at [f.grigoriou@cardinia.vic.gov.au](mailto:f.grigoriou@cardinia.vic.gov.au) or 5945 0402

**Lakeside Garden Competition - Nominations Open**

All nominees will go in the draw to win a Plantmark Nursery voucher. Simply collect and fill out a nomination form from the Delfin Sales and Information Centre and hand in at reception. Nominations can also be emailed to [dpreception@lendlease.com.au](mailto:dpreception@lendlease.com.au). Nominations close Friday 9th October. Ph Delfin: 5941 6000

# SEPTEMBER

**Friday 11th**  
**Cardinia Mobile Youth Bus visits Lakeside**

3.30-5.30pm  
Cardinia Cultural Centre carpark - Waterford Rise. Heaps of entertainment with information that is relevant for young people and access to local youth workers. Phone Cardinia Shire Council Youth Services: 1300 787 624

**Saturday 12th**  
**Cardinia Farmers Market - Spring**

8.00am - midday  
Pakenham Racecourse - 61 Racecourse Road, Pakenham  
How to make your own compost, worm farming and no dig gardening. Ph: 5945 0400

**Women Making It Work Expo**

10.00am - 5.00pm  
It is WMIW showcasing local Business and a pamper room will be available too. Cardinia Cultural Centre Ph: 0409 007 609 or Mary on 59415955 [www.wmiw.com.au](http://www.wmiw.com.au)

**Sunday 13th**  
**Gazette 100th Celebration**

10.00am - 2.00pm  
Star News Group's offices - Cnr Army Road & Princes Highway Pakenham. To celebrate the Pakenham Gazette's 100th birthday, a FREE Family Day will be held with kids games, interactive displays, the Gazette Museum, FREE sausage sizzle, 'Cars through the century' display, local musicians and much more. Contact 5941 2666 or go to [www.starnewsgroup.com.au](http://www.starnewsgroup.com.au)

**Wednesday 16th**  
**Lakeside Community Development Forum (LCDF) & Neighbourhood Watch - Meeting**

7.00pm  
Lakeside Sales and Information Centre - Crn Shearwater Drive and Lakeside Boulevard, Pakenham  
New ideas and committee members are encouraged to help shape Lakeside. Contact Jack Mitchell: 5941 6000 Contact Neighbourhood Watch: Beryl 5941 6504



**Green Business Lean Business**

6.00-9.30pm  
Cardinia Cultural Centre - Lakeside Boulevard, Pakenham  
Make your business environmentally sustainable and save money at the same time.\$35pp  
Contact Cardinia Shire Council - Phil Jackson: 5945 0400 or [p.jackson@cardinia.vic.gov.au](mailto:p.jackson@cardinia.vic.gov.au)

**Friday 18th**  
**Tom Quilty Gold Cup National Championships 2009**

Noon - 5.00pm  
Australia's premier 160km endurance equestrian event comes to Cardinia Shire for the first time. Tonimbuk Equestrian Centre and surrounds  
Lisa Verity 0408 557 441, [lissyqh1@yahoo.com.au](mailto:lissyqh1@yahoo.com.au)  
[www.tonimbukgoldcup.org.au](http://www.tonimbukgoldcup.org.au)

# OCTOBER

**1st - 28th October**  
**Art to Live By Exhibition**

12.00 - 4.00pm  
Hear from artists about mental illness, and the value of art making in their recovery. Workshops and special guests include renowned Melbourne author & playwright, Barry Dickens and singer songwriter Heidi Everett. Cardinia Cultural Centre - Lakeside Boulevard, Pakenham For workshop dates contact Cultural Development Officer: 1300 787 624

**Wednesday 7th**  
**New Residents Welcome Night**

7.00pm  
Lakeside Sales and Information Centre - Crn Shearwater Drive and Lakeside Boulevard, Pakenham Register: 5941 6000

**John Denver tribute show**

10.00am  
Cardinia Cultural Centre - Lakeside Boulevard, Pakenham \$13.50pp incl. warms scones with jam and cream. Cardinia Cultural Centre: 1300 887 624 or [www.cardiniaculturalcentre.com.au](http://www.cardiniaculturalcentre.com.au)

**Thursday 8th**  
**Starting your business**

6.00-8.30pm  
A workshop that provides an overview of all your business requirements. Contact Cardinia Shire Council - Phil Jackson: 5945 0400 or [p.jackson@cardinia.vic.gov.au](mailto:p.jackson@cardinia.vic.gov.au)

**Lakeside Mums and Bubs Yoga**

9.30-10.30am  
Bring your bubs in a sturdy pram and enjoy different exercises with a fully qualified personal trainer in an outdoor setting. \$120 weekly til 10th December.

Register with Living Learning Pakenham 5941 2389

**Friday 9th**  
**Lakeside Garden Competition - Nominations Close**

All nominees will go in the draw to win a Plantmark Nursery voucher. Simply collect and fill out a nomination form from the Delfin Sales and Information Centre and hand in at reception. Nominations can also be emailed to [dpreception@lendlease.com.au](mailto:dpreception@lendlease.com.au). Ph Delfin: 5941 6000

**Saturday 10th**  
**Cardinia Farmers Market**

8.00am - midday  
Pakenham Race Course- 61 Racecourse Road, Pakenham  
Contact Cardinia Farmers Market: 5945 0400



**Monday 12th - 16th**  
**Lakeside Garden Competition - Judging**

**Wednesday 14th**  
**Lakeside Book Club**  
10.30am  
Bella Cuccina Café. Meets monthly, \$70 for 5 sessions includes coffee and cake. Register with Living Learning Pakenham 5941 2389

**Friday 16th October**  
**Cardinia Foundation - Gala Dinner**  
Cardinia Cultural Centre - Lakeside Boulevard, Pakenham  
The Cardinia Foundation's major fundraising event.  
Call Di on 59402254 or [www.cardiniafoundation.com.au](http://www.cardiniafoundation.com.au).

**Saturday 17th**  
**Go Country!**

10.30am - 4.30pm  
Pakenham Racecourse  
One of Australia's most unique outdoor living and farming expos. Held over 2 days with over 200 exhibitors showcasing the best in machinery, caravans, equipment for farming, fishing, boating and camping. Plenty of fun activities for the kids. Tim Ahearn 1300 557 884, [info@gocountry.org.au](mailto:info@gocountry.org.au)  
[www.gocountry.org.au](http://www.gocountry.org.au)

**Legends of Rock n' Roll tribute show**

7.30pm  
Join in the fun as some of Melbourne's best impressionists take to the stage as Elvis Presley, Roy Orbison and Johnny O'Keefe. Bring your dancing shoes. Get in early, sold out in 2008! \$28pp  
Cardinia Cultural Centre: 1300 887 624 or [www.cardiniaculturalcentre.com.au](http://www.cardiniaculturalcentre.com.au)

**Wednesday 21st**  
**Resident's Social Night & Garden Competition Awards**

7.00pm  
Lakeside Sales and Information Centre - Crn Shearwater Drive and Lakeside Boulevard, Pakenham  
Join committee members and

# FUN-raising FOR CARDINIA



Les Twentyman - champion Youth Worker and Father Bob McGuire, often referred to the fiery priest fighting for the less fortunate were special guests at The Cardinia Foundations latest fundraising raising event held in July at the Cardinia Cultural Centre.

Some 95 people attended this lunch where Mr Twentyman inspired the gusset to do more, help more and give more to those less fortunate. Father Bob also spoke of not letting bureaucracy get on the way of helping. Executive Officer of the Cardinia Foundation Di Padgett conducted an Oprah Style Chat with Les on the couch asking questions on behalf of the audience. "Every person at the lunch had gained some insight and education and benefited in some way by being there," commented Brian Paynter Chairman of the foundation. 50% of the profits from the day are to be given to the 4CCCC'S food relief bank to help with their

increased demand on services. The balance will be distributed to other worthy community projects by way of grants. Mrs Padgett once again highlighted the foundations tag line of "what have you done today to make you feel proud", and suggested that all who give or donate and help in some way have a lot to feel proud about. After all looking after our community is the responsibility of all who live in it. The Cardinia Foundation's major fundraising event their annual charity dinner will be held on Friday 16th October. For more information call Di on 59402254 or look up website [www.cardiniafoundation.com.au](http://www.cardiniafoundation.com.au).

friends for a social evening. This resident's evening will include the Awards of the Lakeside Garden Competition, as well as information from the LCDF. This is your chance to meet the people in your neighbourhood. Register your interest in attending for catering purposes. Contact Delfin 5941 6000

## Thursday 22nd Walk-to school day

As part of VicHealth's 'Walk-tober' campaign students and parents are encouraged to walk to school. Find out more through the [www.vichealth.vic.gov.au](http://www.vichealth.vic.gov.au) or your local school.

## Friday 23rd The Eagles Story - "Take it to the limit"

8.00pm  
Cardinia Cultural Centre - Lakeside Boulevard, Pakenham  
Enjoy classics such as Take it easy, Tequila Sunrise, Best of my Love. Ph: 1300 887 624 or [www.cardiniaculturalcentre.com.au](http://www.cardiniaculturalcentre.com.au)

## Saturday 24th Cardinia Shire's Road Safety Expo and Children's Day

10.00am - 2.00pm, official opening at 11.00am. Cardinia Cultural Centre - Lakeside Boulevard, Pakenham. Free family day with plenty of fun activities; interactive road safety, jumping castles, pony rides, the TAC simulator, Youth Bus, Police Mobile Command Centre, tree planting, train rides, prizes and giveaways and a free BBQ. Cardinia Shire 1300 787 624 or [www.cardinia.vic.gov.au/events](http://www.cardinia.vic.gov.au/events)

## Friday 30th & Saturday 31st Menopause the musical

8.00pm  
Cardinia Cultural Centre - Lakeside Boulevard, Pakenham. The hilarious celebration of women and the change. Sold out in 2008, book early. \$31.90 adults, \$29.90 concession. Cardinia Cultural Centre: 1300 887 624 or [www.cardiniaculturalcentre.com.au](http://www.cardiniaculturalcentre.com.au)

# 100 REASONS TO CELEBRATE THE GAZETTE

Local community newspaper icon, The Pakenham Berwick Gazette turns 100 years old in September. To celebrate a free Family Day will be held in the grounds of Star News Group's offices cnr Army Road & Princes Highway Pakenham on Sunday Sept 13, 2009 from 10am - 2pm. It will be a day when the newspaper comes alive - with an adrenalin rush of kids games, interactive displays from local community groups, the Gazette Museum, FREE sausage sizzle, 'Cars through the century' display, local musicians and so much more. A fourth generation family business, the Gazette has chronicled 100 years of change for our region and is recognised as the highest quality local paper. For more details or to be part of the day call 03 5941 2666 or go to [www.starnewsgroup.com.au](http://www.starnewsgroup.com.au)

New opportunities at  
**Lakeside PAKENHAM**

**Book Club**  
at the Lakeside Café

Get to know your neighbours and discuss great books over a coffee and cake.  
Dates: 1st November, 1st December  
1st October, 1st November, 1st December  
Register asap for September.  
Current library membership required (free).  
Cost: \$70 includes coffee and book.

**Mums n' Bubs  
Outdoor Exercise**

Get back into shape for summer.  
Bring your bubs as a family fitness session.  
Different sessions with a fitness qualified personal trainer in an outdoor setting.  
Thursday 10.00am - 11.00am  
1st October to 31st December  
Cost: \$10

All enquiries and bookings  
Telephone 5942 3389

**Living learning**

## PLAYFUL PARENTING AT THE PAKENHAM YOUNG MOTHER'S NETWORK



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# Lakeside Pakenham Community Bendigo Bank

A cocktail night was held at the Cardinia Cultural Centre in July to inform the community about the feasibility phase of the bank campaign and to answer queries that people had.

"The whole committee were so pleased to have interested community members attend the evening. We're so grateful for the support received from and Khans Catering Services to be able to keep the community informed throughout the pledge campaign," explains David. The Lakeside Pakenham Community Bank consultants have since completed the feasibility study to determine the viability of the bank in Lakeside. This recommendation is now being assessed by the Bendigo Bank.

"We are hopeful that our branch will receive a green light from the Bendigo Bank to progress," says LP Chair David Impey. Once feasibility is achieved the next step will be to produce a prospectus. This step is vitally important, and where all people that have pledged their support will be asked to transfer their business to the bank and convert their pledge into an investment.

The quicker the community supports this project the phase the sooner the branch is expected to open. The likely location of the Bank is opposite Aldi on Lakeside Boulevard, with the benefit of plenty of parking at the rear.

The support of the community has been overwhelming. The steering committee wish to thank all those residents and businesses that have taken their pledges and taken the time to complete the feasibility survey. There is still time for those who have not pledged to invest in their local community. The Lakeside Pakenham Community Bendigo Bank Committee will be available at Coles Lakeside on Saturday 11.00am to 1.00pm or you may contact committee members Bernie Wilson 0418 389 041 or David Impey 0402 631 116.

Lakeside Pakenham  
**Community Bank** Project **Bendigo Bank**

## SEEKING NEW RENTAL LISTINGS

- Experienced staff
  - Credit and tenant history references are thoroughly checked
  - Staff are located in Lakeside and view the condition of properties regularly for the landlord
- Seeking properties within and outside Lakeside - 2 to 4 plus bedroom properties wanted.

Contact the Property Management team for an assessment: 5941 6000



## chef's tips



### in season now

- Citrus fruits
- Root vegetables, beetroot, carrots and potatoes.
- Cabbage
- Silverbeet, this is very easy to grow at home. Buy some seeds and let the kids plant them.

from Ray at the  
Grays Restaurant  
5940 2727

- Tip 1. Visit the Cardinia Farmers Markets to see what is in season, grown and produced locally. Pick up a some cooking tips from the growers.
- Tip 2. When cutting onions, if your eyes begin to sting, just put your hands in cold water for a few seconds, then continue cutting.
- Tip 3. To cook silverbeet~ Wash leaves well, pat dry and roughly cut. Saute (stir fry) in a pan with a knob of butter, salt & pepper and a splash of white wine. When just wilted (limp) add some cream, warm it through and serve. Silverbeet stalks are also a tasty vegetable steamed or added to soups and stews.

## IN BRIEF

**Lakeside Neighbourhood Watch** are looking a short term Area Manager to start in September. Attend bi-monthly meetings in Dandenong on Tuesday's 7.30-9pm. Gather reports from the lakeside community, provide a verbal report at LCDF meetings and liaise with Pakenham Police. To find out more phone Beryl on 5941 6504 or Kate from Delfin 5941 6000.

**Congratulations** to the Manager Reece and his team at Coles Lakeside Pakenham for winning the best Coles Supermarket store 2009. The store was awarded in August out of 765 stores nationally.

## PROJECT DIRECTOR'S UPDATE

If you were unable to attend, here is a summary of responses to resident questions:

- There will be a crossing point at the train station. Delfin are interested in this being an underpass for the aesthetic appeal.
- There will be a council community centre in Lakeside Square the new shopping village (similar size to the existing Lakeside Village shops), south of the railway line. There are plans underway working with Cardinia Shire, a local not-for-profit group and a training provider to operate out of this facility.
- The lots on Botanic Drive opposite the lake will be sub-divided into residential lots.
- It's unknown to date the stores that will join Bunnings when they open in September.
- Along Toomuc Creek there is an area where dogs are permitted off the lead. In Devonia Park, an area is being assessed for another dog off leash area.
- The owners of the medical centre building are working hard to secure an operator and doctors to open as soon as possible.
- Traffic will not link through to Flinders Chase from Sunline Terrace.
- It is anticipated the new display village will open in January 2010.



BRUCE (SEATED) BEING CONGRATULATED BY SOME OF THE MEMBERS OF THE LAKESIDE WELLNESS SUPPORT GROUP

## MEET LAKESIDE'S BIGGEST LOSERS!

The members of the local Wellness Support Group have lost almost 40kgs between them since the group was formed in December last year.

The group of Lakeside resident's meets weekly on a Thursday evenings 7:30-8:30pm. Members weigh in and their weight

loss is charted over a ten week program. Each member has his or her own weight loss goals based around their initial wellness evaluation when they joined the group. "They learn tips on weight management and general wellness," explains wellness coach Christine. Bruce, the "biggest loser" so far in the group has lost 14.2 kilograms and he says that without the weekly encouragement and support of the other members, as well as from the group's wellness coach, he would have given up on his weight loss challenge some time ago. Membership is free and open to all Lakeside residents who would like to lose or gain weight or just meet with other people who are interested in wellness. For details on becoming a member, contact Christine on 0421 644120.



## Pakenham Cricket Club call for participants

**Junior Registration 2009** - Under 13, 15 & 17 sides \$30.00 per player per season  
**Sunday 13th September 10am-12noon** Toomuc Reserve "Back" Pavilion - Princes Highway Pakenham. Junior Coaches urgently required. **Senior Training already commenced in the nets** New players are very welcome. Contact Andrew: kayeanandrew@bigpond.com, phone: 5940 3905/ 0425 817 449.

## Support network for young mums in Cardinia Shire continues to be a success after 13 years of operation.

Young mums, who meet in Pakenham, are supported by Cardinia Shire Maternal Child Health and Youth Services. Sessions, which are planned by the network each term, include excursions, education, activities and guest speakers. Mothers are empowered to identify the skills that they already have and build on these through the network to improve their manage the ups and downs of everyday life. Council's Early Parenting Liaison Officer Kathrine Bray feels passionate about the success of young mother's coming together to share in the challenges faced as a young parent in the community. "It is great work has continued to be available to young mums, who can at times feel isolated and alone in their journey as a young parent," she said. The network runs every Monday during the school term, from 1pm until 3pm at Services Central. The Pakenham Mother's Network is open to all young mums, pregnant and/or parenting under the age of 25 who reside in the Cardinia Shire. For more information contact Maternal and Child Health or Youth Services on 1300 787 624.